

EYFS/KS1 Home Learning

PSHE Activity 5

Things you will need

A simple and fun activity that doesn't need any equipment other than your imagination!



Activity – Cloud Watching

This activity encourages creativity and imagination. It provides a slow, calming activity of rest and connects your child with the natural world. It promotes good eye sight (children can spend too much time looking at tablets close to their face, they need to have both short and long distance eye practice).

1. Simply lie down and enjoy spending time looking up at the clouds and see what shapes you can see.
2. Use your imagination (and it might help to squint a bit!)
3. Tell your friends or family what the cloud shapes look like to you.
4. Can you make up a story using the shapes and objects you can see in the clouds.

Note to Parents: Explain what you see and encourage your child to explain what they see and how it makes them feel. Describe where the cloud is and what it looks like. Take turns explaining something you see in the clouds or making up part of a story.