



EYFS/KS1 Home Learning Superhero Agility course!

Things you will need

All equipment can be swapped for something else that is similar based on what you have at home.

- Your best super hero costume or outfit!
- String / ribbon



Activity

This activity is to encourage children to have fun moving in their outdoor area! Please encourage the pupils to collect their own equipment where possible. Do as little or as many steps as you like!

1. Use your string or ribbon or rope to create an obstacle course for your little superhero to climb through, up, under or over!
2. Can you do it without touching the web?!
3. How fast can your superhero move through the course?!
4. Have fun!