

EYFS/KS1 Home Learning

Fine Motor Skills Activity 5

Things you will need

- Dry penne/macaroni pasta
- A piece of string or a shoelace
- Plastic bowl
- Zip lock bag
- White vinegar
- Food colouring
- Tray

All equipment can be swapped for something else that is similar based on what you have at home.



Activity

This activity is to practice hand eye coordination and fine motor skills. Please encourage the pupils to collect their own equipment where possible.

To make coloured pasta:

1. Fill a zip lock bag half way with dry pasta
2. Pour in 2 tablespoons of white vinegar, zip up the bag, then shake vigorously for 2 minutes.
3. Open up the bag and pour in a bottle of food colouring.
4. Zip the bag up again and shake for 2 minutes.
5. Pour the pasta out on to a baking tray to dry. This can be put in the oven on a low heat to speed up the process or can be put in the sun.
6. Repeat the process for different coloured pasta.

For threading:

1. Ask a grown up to tie a knot in one end of the piece of string.
2. Pour the coloured pasta into a bowl (once it has dried).
3. Pick up a piece of pasta using your thumb and first finger
4. Place over the top of your piece of string and pull down. Can you make a repeating pattern with your pasta?
5. Once you are happy with your pattern, ask a grown up to tie a knot at the top of the string so your pasta doesn't fall off.

