

EYFS/KS1 Home Learning

PSHE Activity 2

Things you will need

- Clothing Items- t-shirts, shoes, socks, gloves, hats, etc
- Clothes line at accessible height/ Table
- Timer

All equipment can be swapped for something else that is similar based on what you have at home.



Activity

This activity is to encourage the children to dress themselves and practise the skills required. Start off with easier, pull on items and progress to clothes with buttons or zips. Please encourage the pupils to collect their own equipment where possible.

1. Lay out the clothes on a table or hang them up on a washing line.
2. Have someone call out an item of clothing.
3. Race over to the table/clothes line and put it on. Run back to the start.
4. Time yourself to see how fast you can do it.

Were you able to put the clothes on by yourself? Were some items trickier than others to put on?