



KS2 Home Learning

Messy Play activity- **Hair gel sensory bag**

Here is an activity using items mainly found around the home or which can be purchased cheaply. Sensory bags can appeal to children of all ages. You can practice writing letters, drawing shapes you can even add some googly eyes to make it look like aliens.

Things you will need

- Sandwich bags (zip lock type)
- Food colouring
- Clear (or any colour) hair gel
- Packing tape



Follow this link for a video tutorial if needed;

https://mostlyundercontrol.com/2016/05/20/sensory-play-with-hair-gel/?utm_medium=social&utm_source=pinterest&utm_campaign=tailwind_smartloop&utm_content=smartloop&utm_term=6514762

Activity

This activity once made can help with sensory needs that may need addressing or just be fun to use.

1. Squirt some hair gel into a sandwich bag.
2. Choose food colouring colour of your choice.
3. Add a few drops into the bag on the hair gel.
4. Let out all the extra air and zip the bag shut.
5. Seal the bags secure with the tape.
6. Now you are ready to go.

*These sensory bags can be used on a table or on the floor in front of your child or can be stuck up on the door/window, the sun shining through will make them look nice and bright.

- You can use your child's favourite colour if available in food colouring.
- You could make several in rainbow colours to support our heroes.
- Maybe your child likes the Hulk, so green would encourage engagement, the list of ideas is endless.
- Finally, have fun!

