



Healthy banana split

Ingredients:

1 banana, sliced in quarters

1 small yogurt

Toppings (choose your favourites or add some of your own):

Mini dark chocolate chips

Sprinkles

Peanut butter

Raisins

Dried cranberries

Blueberries

Strawberries

Grapes, halved



Method:

1. Slice ripe bananas in half lengthways and place two halves in a bowl.
2. Spoon the yogurt on top of the bananas and add the toppings of your choice!