Meat-free recipes by chef James Martin:

<https://www.jamesmartinchef.co.uk/collections/meat-free/>

Other meat-free recipes:

<https://www.bbcgoodfood.com/recipes/collection/quick-veggie>

See if you can have a go at one of these meat-free recipes!

Before cooking consider:

* What ingredients do you need?
* What equipment will you use?
* Food hygiene and safety
* Personal hygiene e.g. hand washing

After cooking think about:

* What did you do well?
* How does it taste/ smell?
* What can you improve or vary next time?