Social Distancing **Comprehension Questions**

1. What is social distancing?
2. How far apart should people stay from each other when they are practising social distancing?
3. Why is social distancing important when an infectious disease breaks out?
4. Why is it particularly difficult to stop COVID-19 from spreading?
5. What are the major symptoms of COVID-19?
6. Name three countries that have stopped people travelling in or out due to the COVID-19

outbreak.

1. What action has the UK government taken to try and stop the spread of COVID-19?
2. Give three examples of things that people can do to maintain their wellbeing while in isolation.

Social Distancing **Comprehension Questions**

1. What is the origin of the word ‘quarantine’?
2. Why were the Apollo 11 astronauts kept in quarantine when they returned to Earth?

# Extension

Do you think that the measures taken by the UK government to stop the spread of COVID-19 have been sufficient? Why or why not?

How would you encourage young people to stay at home and maintain social distancing?

Create your own daily timetable for a period of isolation. Make sure to make time for friends and

relatives, work, rest and exercise.