

Washing Dishes

Materials:

- Sink
- Rubber gloves
- Washrag or sponge
- Dish detergent
- Kitchen towel
- Heavy-duty plastic plates, cups, fork, and spoon
- Aprons
- Dish rack



Main Activity

1. Fill sink with water.
2. Add 1-2 squirts of dish detergent to the water.
3. Using your hands, mix detergent and water together until you see bubbles.
4. Model for students how to use the rag or sponge to lather the plastic ware, making sure no water spills out of the sink.
5. Place clean dish on the drying area (towel or dish rack).
6. Repeat steps until all dishes are washed and every student has been given a turn.

