

I am a writer.

I am open and ready to learn.

I am a reader.

I am a good friend.

I am a mathematician.

I am a great listener.

I am clever.

I am compassionate.

I show empathy to others.

I care for others.

I try my best.

I am helpful.

Today, I am a leader.

I am creative.

I have people who love and respect me.

I am strong.

I am unique.

I get better every single day.

I love my life.

It is enough to do my best.

I am enough.

I am brave.

I am an amazing person.

I have a positive attitude.

I am resilient.

I forgive myself for my mistakes.

I matter.

I am funny.

I am whole.

I am confident.

I think things through.

I am capable of so much.

I relate well to others.

I accept who I am.

I manage myself.

I use language, symbols and texts.

I believe in myself.

I participate and contribute.

