

World War II: Rationing

<p>Aim: Regularly address and sometimes devise historically valid questions about change, cause, similarity and difference and significance by learning about rationing during World War II and how people adapted to deal with reduced product availability.</p> <p>I can describe how people's diets were different during World War II and answer questions about the implementation of rationing.</p>	<p>Success Criteria: I can say what foods were rationed during World War II.</p> <p>I can explain why rationing food was necessary.</p> <p>I can compare a wartime menu with a modern day menu.</p> <p>I can explain how everyday lives were affected by food rationing.</p>	<p>Resources: Lesson Pack</p>
	<p>Key/New Words: Rationing, ration book, Dig for Victory, Lord Woolton.</p>	<p>Preparation: My Weekly Meal Plan Activity Sheet - 1 per child</p> <p>My Weekly Wartime Meal Plan Activity Sheet - 1 per child</p> <p>Menu Comparison Activity Sheet - 1 per pair</p> <p>Rationing Information Sheet and Rationing Comprehension Questions Activity Sheet - 1 of each per child</p>

Prior Learning: Children will have learnt key facts about World War II in Lesson 1 and 2.

Learning Sequence

	My Weekly Meal Plan: Ask children to create a menu containing the foods they typically eat in a week on the My Weekly Meal Plan Activity Sheet . (An alternative idea would be to give the children this task a week prior to the lesson as home learning.)	
	Food, Food, Food: Read the information about rationing on the slide. Ask the children to work in groups to discuss the list of questions then read through the information on the following slides. Allow time for children to discuss and answer the question(s) on each slide and to ask any questions of their own that may arise. <i>Can children suggest their own reasons why rationing was introduced and describe which foods which were restricted?</i>	
	My Weekly Wartime Meal Plan: Using the information they have learnt so far children produce a weekly wartime meal plan using the My Weekly Wartime Meal Plan Activity Sheet . (You may wish to allow additional time for children to research their menus more thoroughly using information books and/or the Internet. There are wartime recipes in the Wartime Recipe Booklet too, which children may wish to incorporate in their plans.) <i>Check that children can suggest foods that would have been available and that they understand which foods were and weren't rationed.</i>	
	Comparing Menus: In pairs, children compare the two plans they have written and discuss the validity of the statements on the Menu Comparison Activity Sheet . Allow children to feedback their responses going through each statement in turn on the Lesson Presentation . <i>Look for children who are able to describe the impact rationing had on people's lives and who can respond sensibly to the statements justifying their responses with evidence.</i>	
	Rationing Questions: Children complete the differentiated Rationing Comprehension Activity Sheet . <i>Check that children can select and present the relevant information in order to answer the questions in detail, which shows a good understanding.</i>	

Taskit

Writeit: Can you devise your own wartime recipe book by researching and creating authentic dishes?

Convertit: During the war, Britain used the imperial measurement system. Can you find out how to convert from metric to imperial and vice-versa and produce a table showing average ration allowances for adults and children in both measures?

Advertiseit: Can you make up your own 'Dig for Victory' propaganda poster?

Designit: Can you design your own World War II allotment? What would you plant? What would you need to know?