

# ABBOT'S LEA SCHOOL

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Dear Families

## **Ref: Positive Covid-19 case and the resulting NHS Track and Trace activity**

We have been made aware that a member of our school community attached to Key Stage 4 has tested positive for COVID-19.

NHS Test and Trace will work with the positive case and/or their family to identify close contacts. Identified contacts will be informed by NHS Test and Trace.

In order to keep our school community safe and our children in school, there are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19.

### **Household testing**

All students in year 7 and above are eligible for home test kits from school. Regular asymptomatic testing will help to reduce the chance of the virus spreading. Other household members who are eligible should also do a rapid test twice a week (every 3 to 4 days) to check if they have the virus.

To access test kits please see link below:

<https://www.gov.uk/order-coronavirus-rapid-lateral-flow-tests>

If people test positive and self-isolate, it helps stop the virus spreading. Even if you are vaccinated, there is still a chance you can pass COVID-19 on, so you should keep getting tested regularly.

### **How to stop COVID-19 spreading**

- wash your hands with soap and water often – do this for at least 20 seconds
- wash your hands as soon as you get home
- use hand sanitiser gel if soap and water are not available
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards

### **Further Information**

Further information is available at <https://www.nhs.uk/conditions/coronavirus-covid-19/>

## Symptoms of COVID 19

If a student develops COVID-19 symptoms they should take a PCR test and isolate. COVID-19 symptoms are:

- new continuous cough and/or
- high temperature and/or
- a loss of, or change in, normal sense of taste or smell (anosmia)

We ask that if your child has these symptoms, or if they test positive for Covid-19 using either LFT or PCR test, you email us as soon as possible on [covid@abbotsleaschool.co.uk](mailto:covid@abbotsleaschool.co.uk) so that we can report this case to the Liverpool City Council's health and safety team.

For most people, coronavirus (COVID-19) will be a mild illness.

You can seek advice from NHS 111 at <https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/or-by-phoning-119>.

Yours sincerely



Mrs A Hildrey  
Headteacher