



Dinosaur Dig

Edible Sensory Recipe

You will need:

- 3 cups brown sugar
- 3 cups cocoa powder
- 1-2 cups flour
- Large tub
- Edible glitter (optional)

Non-edible items:

- Dinosaur bones
- Plastic dinosaurs
- Paintbrushes

Method

1. Mix the ingredients together in the container.
2. If you would like your 'dinosaur dirt' to be darker, add more cocoa powder to the mixture.
3. Spread across the container and add edible glitter (if you wish).
4. Lay the dinosaur bones, brushes and dinosaurs in the mixture.
5. Have fun being palaeontologists and exploring!
6. You may wish to encourage children to use the brushes to clean the dirt from each bone.

*Please note that although this recipe is safe for children to taste and explore with their mouths, it is not intended for them to eat in large quantities.

*This recipe is intended to be used as soon as it has been made and not to be stored for future use. Supervise children at all times to ensure that small non-edible items do not become a choking hazard.