

ABBOT'S LEA SCHOOL

Headteacher: Mrs Ania Hildrey, M.Ed, B.Ed(Hons), NPQH
10 November 2021



Dear Families

Ref: Advanced Solutions Community Network Autism Post Diagnosis Programme

ADDvanced Solutions Community Network (ASCN) in partnership with Alder Hey NHS Trust, has developed a unique programme for parents and carers whose child has received a diagnosis of Autism Spectrum Disorder (ASD).

The programme has been developed to guide parents and carers through their journeys after a diagnosis has been made. As well as learning how Autism is experienced by the children and young people, it will allow parents and carers to explore strategies on how to support their children and to navigate the system to ensure families are accessing the right support.

The sessions will cover a range of topics including:

Understanding autism	Communication skills
Discussing a diagnosis	Promoting self-esteem
Autism and girls	Talking about health
Sensory processing	Building positive relationships
Unique thought processes & special interests	Educational settings: working together
Stress and anxiety	Managing transition
Understanding and supporting behaviour	Independence skills

If this is something you feel you would benefit from, please click the following link or copy and paste it in to your web browser and sign up to the programme that will work around your home life, whether that be over Zoom, face-to-face, morning or evening sessions.

Please note programmes are to be delivered in age ranges 3-8 years old, 9-13 years old and 14 and above.

<https://www.addvancedsolutions.co.uk/our-offers/autism-post-diagnosis.html>

If you require any additional information, please contact me via email on richard.manley@abbotsleaschool.co.uk and I will be more than happy to help.

Yours faithfully

Mr R Manley
Family Adviser