

Physical Development

<p>EYFS</p> <p>Physical development is one of the Prime areas of the Early Years Foundation Stage</p> <p>There are Early Learning Goals (ELG) within each area, we follow smaller steps for each pupil to support them onto their individual goals.</p> <p>Gross Motor Skills</p> <p>Negotiate space and obstacles safely, with consideration for themselves and others.</p> <p>Demonstrate strength, balance and coordination when playing.</p> <p>Move energetically, such as running, jumping, dancing, hopping, skipping and climbing.</p> <p>Fine Motor Skills</p> <p>Hold a pencil effectively in preparation for fluent writing – using the tripod grip in almost all cases.</p> <p>Use a range of small tools, including scissors, paintbrushes and cutlery.</p> <p>Begin to show accuracy and care when drawing</p> <p>.</p>	<p>Environment</p> <p>Within our indoor and outdoor environment, we have various activities and opportunities to develop our physical ability focusing on Gross and Fine motor skills.</p> <p>We have</p> <ul style="list-style-type: none"> Mark making area, equipped with thick and thin resources eg, felt tips, chunky pencils, crayons, a range of brushes Play dough activities Scissor skills activities using 'squeezy scissors', adult support scissors and standard scissors. Threading Collecting Sensory tuff trays to explore textures and develop grasps and pincer grips Role play area with fabrics, clothing to try We take time each day before going outside to put on coats, shoes, wellies or overalls depending on the weather and activity. This gives our children much needed practise with buttons, zips and hand eye coordination. <p>We have heavy lifting opportunities outside, with big tyres to move, buckets to fill and empty, wood, guttering etc to use to construct in a variety of ways. We have a range of large and small balls to develop coordination, throwing to each other or aiming for a target.</p> <p>We take part in a 'daily mile' outside to develop our fitness</p> <p>Each week we have a specific PE lesson developing our coordination, agility, climbing, rolling, throwing, catching, dance skills.</p>	<p>Role of Support staff</p> <p>Our support staff are familiar with each area of the environment and the physical development opportunities that are intended for it.</p> <p>They observe our children interacting with the environment, noticing interests and play schemas. They use knowledge of the children to play alongside in order to support and challenge them based on their next step and the intended maths experience the area is providing.</p>
<p>Assessment</p> <p>To guide our planning and identify where each child is at in their developmental journey, we use the new Development matters. For smaller steps of progress within the three prime areas we use an EYFS Developmental Journal.</p> <p>Each student has their individual 'next steps' within the seven areas of learning. We use one next step, for Literacy reading, writing and Maths along with next steps for their support and development of life skills. These targets create their bespoke 'My Plan' which is reviewed termly in collaboration with families.</p> <p>Following our assessment, we analyse the data to show us the gaps and strengths of our cohort of children. From this we redevelop and enhance our learning environments in order to support and challenge our students based on where their gaps and strengths lie.</p> <p>Upon entry as an EYFS student, we baseline their starting points according to the new Statutory Reception Baseline Assessment.</p>	<p>Observations</p> <p>We observe child led play throughout the day as well as assessing our adult led activities, enabling us to reflect on the learning and develop next steps. Observing physical development also helps us to highlight any areas of concern and we consult with our Occupational Therapist in school who may advise specific strategies for particular students.</p> <p>All observations are recorded on our Evidence for Learning assessment tool, providing a learning journey for each pupil within this area. This is also shared with our families, giving them an important insight into their child's learning and progress.</p>	<p>Awareness Days</p> <p>Through our celebrations and marking of awareness days, we promote physical opportunities according to the event. Eg; fitness day, Sports day, Olympics or world cup celebrations. We also take part in competitions and celebrations within school that allow us to showcase our drawing and writing talents.</p>