



# Head's Weekly Newsletter

## Week 37



### Message from the Headteacher

Mrs Ania Hildrey, Headteacher, [headteacher@abbotsleaschool.co.uk](mailto:headteacher@abbotsleaschool.co.uk)

Dear Students, Families, Colleagues and Friends

Welcome to today's newsletter and thank you for all of your hard work this week – this message goes out to all of our students, staff and also to the families! Your support is much appreciated.

My particular congratulations must go, however, to the School Leavers, for whom today is their last day at Abbot's Lea School. I was very privileged to address you all at last night's Prom – the first such event in the history of our school. You were all exemplary and had so much fun. As I said in my address to you: you are all gifted, you are all talented and you are all leaving a mark behind, having paved the way for the future generations in what can be achieved if you follow the Golden Rules:

- Be here. Every day!
- Work hard and be nice
- Never give up on yourself or others
- Stay positive and be happy!

It is never easy to "hit" all of those, but you have demonstrated, through your lives and hard work, that it can be done!

I wish you all a splendid summer break and then, when the time comes, a fantastic next chapter in your lives. I am confident you will be absolutely fine!!!

To all others, remaining at ALS for the coming three weeks of this year and then returning in September, I wish you a good weekend and I look forward to seeing you all on Monday morning for the last three-week period, split into two:

- The next two weeks will continue in your current class, culminating in Awards Ceremony Assemblies on 8 July (families are warmly invited to join us)
- The last week will be a Transition Week, with you learning in your next year's classroom, with next year's teacher and your new friends, many of whom might be new to Abbot's Lea School. The term finishes on Friday, 15 July at 1pm!

With kindest regards

Mrs A Hildrey  
Headteacher

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# Key Diary Dates

## School Year Calendar

Term Dates for School Year 2021-22 (current academic year) – [Term dates 2021-22](#)

Term Dates for School Year 2022-23 (next academic year) – [Term dates 2022-23](#)



**Students' school day**  
9:00am - 3:00pm

## Key Diary Dates for Term 6

Date	Activity	Who is involved	Comments/Actions
Friday 1 July	Choir will be performing in assembly  Friday Coffee Morning 9:30-11:00		The performance will take place in each of the three normal assembly slots
Saturday 2 July	12:00-15:00 – Abbot's Lea School Summer Fair – free, fun day for the whole family!		
Monday, 4 July	Deadline for communication about next year's Class and Teacher allocation.		
Tuesday, 5 July	Trip to the Walker Art Gallery to see the "Black Tudors" exhibition	USA Seychelles Kenya	None
Thursday, 7 July	Meet The Class Team 3:30-4pm	All classes	Zoom meeting to learn more about the Transition Week arrangements and meet the Class Teacher
Friday 8 July	<b>Annual Awards Ceremony</b>  Friday Coffee Morning 9:30-11:00	KS4 and 5 – 9.15-10am  Primary Department 10.15 – 11am  KS3 – 11.15am – 12pm	This is the last day students will be with their class mates and class team.  We encourage as many families as possible to attend this really special event!
Monday 11 July - Friday 15 July	Transition Week  NO FRIDAY COFFEE MORNING  <b>Friday 15 July – school term ends at 1pm for all students</b>	All students on roll of ALS in September 2022	Students will be learning this week in the next year's class groups with the next year's teams of staff.  Full school uniform is required for this week for all student groups, including those joining ALS in September.

Join the discussion and share your family moments with our teams

Facebook: [Abbot's Lea School](#)

Twitter: [@abbotsleaschool](#)

E-mail: [reception@abbotsleaschool.co.uk](mailto:reception@abbotsleaschool.co.uk)

# Key Diary Dates

## **SUMMER FAIR – SATURDAY 2 JULY 2022**

This year, the our Summer Fair will take place on Saturday, 2 July 2022, from 12 noon until 3pm, here at Abbot's Lea School.

The event is free to all and all fundraising will be in aid of Abbot's Lea School with a proportion donated to the cause selected by the Head Boy and Girl Team – the Ukrainian war victims.

We are selling raffle tickets at 50p per ticket or £2.50 per book. If you would like to purchase tickets, please contact Mrs Myers on the email below.

We are also looking for volunteers to help organise the event, run the event and tidy up after the event!

Anyone keen to help is asked to contact Dr Mursic on [sara.mursic@abbotsleaschool.co.uk](mailto:sara.mursic@abbotsleaschool.co.uk) or Mrs Myers on [keri.myers@abbotsleaschool.co.uk](mailto:keri.myers@abbotsleaschool.co.uk)

# Key Diary Dates

Fun for  
your whole  
family



## Summer Fair 2022

Saturday 2<sup>nd</sup> July

School Site

12pm – 3pm



# Students of the Week

## Students of the Week

Class	Student	Reason
<b>Early Years and Key Stage 1</b>		
Ireland	Jacob	For joining in with circle time with his friends.
<b>Key Stage 2</b>		
Portugal	Alfie	For being able to regulate his own emotions and for demonstrating empathy towards others.
France	Reem	For coping well with change
Spain	Riley	For independently writing his news with no support from teachers and remembering how to correctly punctuate his sentence!
Italy	Logan	For never giving up at swimming and trying hard every day to get further into the water.
Peru	Oliver	For working hard during our shape lessons.
<b>Key Stage 3</b>		
Mozambique	Isaac	For having a great attitude on Tuesday's museum trip and really engaging in his geography work and writing a lot of information on the chosen topic.
Madagascar	Issy	For having the courage to share and express her feelings in a new situation.
USA	Jonny	For making positive behaviour choices.
Brazil	Finlay	For trying hot dinners in school.
Kenya	Jack	For working hard in English and giving amazing answers
Cape Verde	Mason	For being here and working hard.
Seychelles	Jimmy	For encouraging the students in class to follow our Golden Rules.
Botswana	Matthew	For sharing his knowledge of the Tudors with others and asking lots of questions during our trip to the Walker Art Gallery.
<b>Key Stage 4</b>		
Australia	Patrice	For applying himself in all lessons and always having a smile on his face.
Samoa	Flynn	For always being a positive influence on his peers and showing great sportsmanship in his Accredited Learning sessions.
New Zealand	Oscar	For trying his best with his work to complete it in a timely manner.
Papua New Guinea	Adam	For his hard work in completing his science booklets.
<b>Key Stage 5</b>		
Malawi	Arrienne	For getting into college and being a credit to her class and school. We will miss her!
Christmas Island	Megan	For contributing excellent tactical suggestions in Life Skills!
Fiji	Brendan	For an excellent week and transition to college.
<b>Nurture Provision</b>		
Wales	Adam	For using the zones of regulation to discuss the way he feels.
Canada	Lilyth	For understanding and asking for a break when it is needed.
Tasmania	Jessica	For engaging well with all activities and for increased attendance in school.

# Next Week's Menu

## Next Week's Menu



## Primary Lunch Menu



Week Commencing 27/06/22

Week 4	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Meal</b> We provide a variety of seasonal hot and cold dishes for children to freely choose from	Homemade Pizza with Wholemeal Pizza Base served with Homemade Wedges and Salad	Homemade Beef Stifado served with Rice and Green Beans	Homemade Tomato and Basil Pasta served with Crusty Bread	Homemade Sausage and Mashed Potato with Onion Gravy, Peas, and Sweetcorn	Fish Fingers with Chips and Baked Beans
<b>Alternative</b> Jacket potatoes with tuna and other fillings available daily	Broccoli and Cream Cheese Pasta Bake	Pesto Pasta	Salmon Fish Pie	Cheese and Tomato Toasties	Veggie Sausage Roll
<b>Homemade Soup</b>	Carrot and Coriander	Tomato and Basil	Red pepper Soup	Chef Choice	Chef Choice
<b>Starchy Food</b> Various bread choices available	Pizza Base	Roast Potato	Pasta	Mashed Potato	Chips
<b>Vegetables</b> Salad Bar with Hummus	Tomatoes	Seasonal Vegetables	Broccoli	Carrots	Baked Beans
<b>Dessert</b> Fresh fruit, selection of low-fat yoghurts and homemade puddings available every lunch time	Fresh Fruit Salad  Fresh Fruit	Cherry Bakewell Slice served with Custard  Fresh Fruit	Carrot Cake  Yoghurts	Fresh Fruit Jelly  Fresh Fruit	Cheese and Crackers  Mixed Flavour Yoghurts

Ask for daily chef specials

All our meat is sourced from local suppliers, we use free range eggs and organic flour where possible. All our fruit and vegetables are locally sourced where possible. Halal options available.

Food For Thought is a not-for-profit school meals company owned by its partner schools. Any surplus is reinvested in the company or returned to its member schools.

GOOD FOOD CULTURE

Please, inform the school about any known allergies or dietary requirements for your child. You can do that by sharing information with the class team or by calling the school office. Thank you

# Class News

## Early Years and Key Stage 1

<p>Ireland Class</p> <p>Teacher: Miss Hattersley</p>	<p>Ireland class have enjoyed learning all about our transport theme this week. We have made airplanes, decorated helicopters with collage materials and completed a 'colour by number' world map picture.</p> <p>Ireland class have enjoyed playing outdoors in the sunshine. They have enjoyed using the bubbles, water play and building sand castles in our colourful sand.</p> <p>Our second group have enjoyed their swimming lessons this week. They have loved travelling on the minibus to get there!</p>
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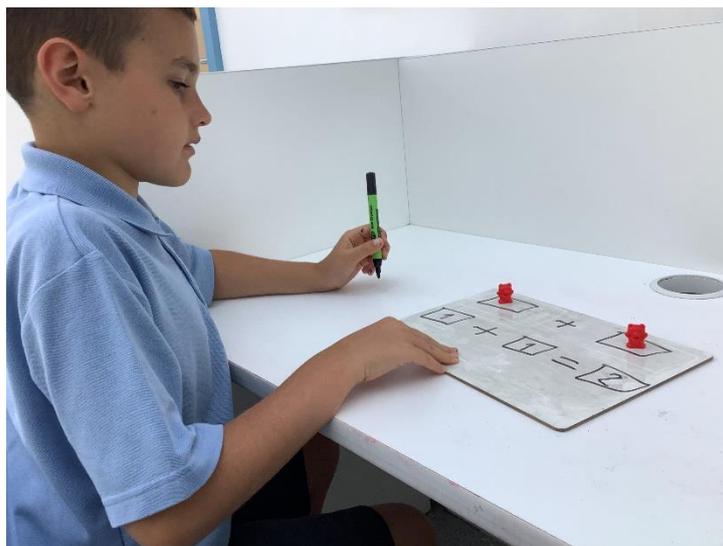
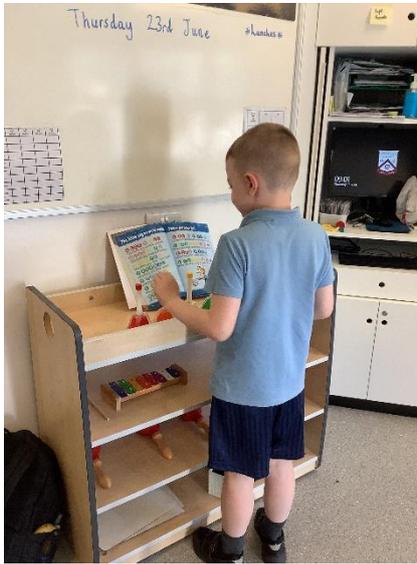


# Class News

## Key Stage 2

Portugal Class  Teacher: Miss Gibney	Portugal class have had a lovely week. In PE we practiced our throwing and catching skills. In English we continued to learn about the Great Fire of London and sorted the events in chronological order. In Maths we learnt about how to sort 3D shapes and how to count the vertices on 2D shapes. In Music we started learning the lyrics and sign language actions to the Great Fire of London. We made masks and flags which we used as props for a carnival in school in celebration of World Music Day.
France Class  Teacher: Miss Last	The students in France Class have worked well this week. Wednesday was World Music Day and we enjoyed learning about it, making some carnival masks and taking part in a large carnival on the yard. We had fun dancing to music and showing everyone our masks. This week is also World Olympics Week. We learnt all about the Olympics and we discussed what we had learnt in assembly to the rest of the primary department.
Spain Class  Teacher: Miss Ledward	Spain Class have had a lovely week! We have really made the most of the beautiful weather we have had by using our outdoor resources and space for some of our lessons. We really enjoyed using water play and sand to find and recognise different coins for our topic of money in Maths, we have developed our hand-eye coordination skills as we are focusing on handball in PE this term. In Design Technology we used the tie-dye technique on a suitable material to begin making our very own juggling balls and we celebrated World Music Day by exploring different types of instruments, dances and created our own carnival masks for our own school carnival/parade, it was very fun! Well done Spain Class, have a great weekend!
Italy Class  Teacher: Mrs Cooney	Italy class have had another fun week of swimming lessons. We've even played water polo at the end of our session! The cool water has been very welcome relief from the heat of the sunshine. On Wednesday we celebrated World Music Day with our very own carnival. We made and decorated masks with feathers and jewels and danced with our friends. We shook maracas and tapped on tambourines! In Maths, we continued our work on multiplication and made some fabulous progress with our reading books. Well done Italy class, have a wonderful weekend!
Peru Class  Teacher: Miss Laird	This week in Peru we have been looking at regular and irregular polygons and quadrilaterals, and have been using our new mathematical language to play 'guess who' with shapes. On Wednesday we celebrated World Music Day by making masks, joining the school in a carnival, and then played guess the theme song with Disney and Pixar movies. Great work this week Peru!

# Class News



For more information on your child's progress, contact the class team directly. Our Key Stage Leaders and Mrs Tobin can tell you more about our curriculum, with all subject maps available on our website ([access here](#)).

# Class News

## Key Stage 3

Mozambique Class Teacher: Mr Hodgson	Another great week for the students in Mozambique! This week we visited the Walker Art Gallery to see the Tudor exhibition which linked to our World Reimagined topic. We also visited the John Moores University campus on Friday, learning about the different courses and job paths available to us.
Madagascar Class Teacher: Miss Jennings	This week class Madagascar have been very busy. We enjoyed a fun filled day at the art gallery exploring the Tudors before going to see lots of different things in the museum such as the weeping angels from Dr Who, space rockets, dangerous spiders etc. This week Madagascar has explored play scripts, celebrated Refugee Week writing poems that see the plight of refugees through their eyes. Students also had fun at the school's music festival.
USA Class Teacher: Mrs Suku	This week we began our Design Technology project on phone cases. We developed our initial ideas and decided on a final design. We also enjoyed a practical science lesson, as we used eggs to demonstrate how cavities are formed. USA really enjoyed joining in with Abbots Lea Carnival to celebrate World Music Day, where we all danced and played instruments.
Brazil Class Teacher: Mrs Rodway	Brazil class have had a lovely week. In English, we finished off our book and used time adverbials and imperative verbs to help us write instructions for Mrs Gringling's recipe. In Maths we completed some consolidation work on multiplication and division and in Science we looked at different types of teeth and what they are used for. Well done Brazil class for a great week!
Kenya Class Teacher: Miss McClintock	This week in Kenya Class we continued to expand our knowledge on features of a poem and use this to write our own poems. In Maths, we continued to look at angles. Some of the groups used protractors to measure the angles while others labelled the different types of angles. In Science we learnt about the digestion system and how each organ plays a part in how food passes through our bodies. In Geography we learnt about different job sectors and how this all come together to form a society. In Design Technology we created templates for our own felt cases. Well done for working so hard this week, Kenya Class.
Cape Verde Class Teacher: Mr Hatton	This week in Cape Verde students have had a busy week. We started by completing our GL assessments in Maths and Reading. On Wednesday, we celebrated World Music Day. We attended our own carnival on Wednesday, creating our own masks and banners. We finished the day off by completing a music quiz which the students enjoyed. In PE students have been focusing on quick cricket. We have discussed the rules of the game and working our way up to a full game. Despite the heat, Cape Verde have worked extremely hard. Well Done! Have a lovely weekend.
Seychelles Class Teacher: Miss Joyce	This week in Seychelles class the students have begun leaning about the features of a script in English and enjoyed re-enacting the play 'Alice in Wonderland'. In Science we have continued to look at the digestive systems and animal food chains. In Maths we have continued looking at angles and direction. The students enjoyed taking part in World Music Day where we had a carnival to celebrate different types of music.

# Class News

Botswana Class

Teacher: Miss Caveney

This week has been a very exciting week in Botswana class. We have celebrated World Music Day and National Writing Day. We learned all about musical carnivals and celebrations from around the world and then made masks to wear to the school carnival. We danced and celebrated music from around the world by playing percussion instruments. It was so much fun! As well as this, we went on a school trip to see the Tudor, Passion, Power and Politics exhibition at the Walker Art Gallery. We learnt all about Henry VIII, his wives and his children. We were particularly interested learning all about the Spanish Armada. After this we went to the World Museum and we were able to walk around all five floors, exploring different exhibitions including The Aquarium, The Bug House, The Ancient Egypt Exhibition and so many more. Some of our Year 9 pupils also visited Liverpool John Moores University and learned all about further education and future career possibilities. We have had a great week in Botswana class and I am very proud of how hard everyone has been working.



For more information on your child's progress, contact the class team directly. Our Key Stage Leaders and Mrs Tobin can tell you more about our curriculum, with all subject maps available on our website ([access here](#)).

# Class News

## Key Stage 4

Australia Class  Teacher: Mr Lyons	This week we have been completing our science booklets and assessments prior to school leavers finishing this Friday. We had an amazing prom on Thursday night for our leavers and are looking forward to all our leaver activities and assembly on Friday!
Samoa Class  Teacher: Miss Gibney	This has been a very exciting yet emotional week for Samoa class, as it is leavers' week! We have a couple of students who are moving on from the school to explore their next adventures in college. We want to give a huge shout out to our class leavers Euan and AJ - we are extremely proud of you both for all of the hard work you have put in this year and how much happiness you've brought to Samoa class this year. You should both be very proud of yourselves and we can't wait to see your futures blossom! In celebration of these fabulous leavers, our week has been jam packed with super fun activities and treats. On Thursday night, our class had the best time at the leaver's prom, eating snacks, dancing, laughing and looking back on past memories at Abbot's Lea. We also had a fabulous leavers' assembly where we celebrated all leavers across Key Stage 4 and 5. As we have had such beautiful weather, we have taken advantage of our amazing outdoor space and forest school. We did independent and group reading of our class book "Skellig". We have also worked very hard to complete our Science booklets to receive our qualifications - a big well done to all of Samoa for doing their very best! We have also enjoyed our various Accredited Learning lessons and enrichment. We also worked very hard in PE, as LFC taught a fun basketball lesson full of drills, dribbling techniques and a competitive game to end. We also have been working hard in our GL assessments to collate final year results.
New Zealand Class  Teacher: Mr Spillane	This week students have had career interviews which have been very interesting. They completed their final set of GL assessments for this year and have continued to prepare for their mock examinations next week. Students have enjoyed their learning in Accredited Learning sessions and are starting to look forward to the summer. On a bittersweet note we will be saying goodbye to some of our friends who are leaving this year! We have really enjoyed the weather but are hoping for a slightly cooler few days next week.
Papua New Guinea Class  Teacher: Mrs Wong	PNG has had a busy week. In English and Maths, we revised by completing ten minute tests in preparation for our mock exam next week. In Science, we did two science investigations both based on the viscosity of different types of liquid. We have learnt skills that are required for carrying out a fair test safely. We discussed lab safety and what we can do when accidents happen. We also worked on completing our science booklet and getting it ready to be submitted. In Life Skills lesson, we practised on making requests and asking straightforward questions. We also distinguished whether a relationship is positive or negative based on some examples, and how to strengthen our friendship. We are ready to submit our Life Skills work for our qualification. In Food Technology, we made delicious fruit kebabs. We created a leavers board for our students who are leaving us this Friday and left some lovely messages for them as well as some photos to remind us of some of the best moments of the year. On Friday, we had a barbeque and our leavers' assembly. Wishing all the best for the leavers and a very bright future!

# Class News



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# Class News

## Key Stage 5

Malawi Class  Teacher: Mr Mason	This week Malawi are saying goodbye to some very dear friends with Sol, Arrienne, Henry and Jack all moving on to pastures new. Congratulations guys! We had an incredible time on Thursday night at the leavers' prom with music and dancing! On Friday it is Leavers' Day and a BBQ will be taking place -hopefully the rain holds off!
Christmas Island Class  Teacher: Mr Griffiths	This week Xmas Island have discussed survival tactics on a desert island and battle tactics for defending a medieval castle under attack in Life Skills. In Maths we all played Maths Bingo and in Food Technology we made delicious halloumi kebabs! We will say goodbye to all our leavers in our key stage on Friday at the leavers' assembly, with some fun activities planned throughout the day.
Fiji Class  Teacher: Miss Ham	Fiji class have had a busy week this week. In Food Technology we made halloumi kebabs picking what vegetables we wanted to put on our kebabs. We continued to read our class book Mr Stink and spoke about how Mr Stink must feel. We went to visit Arden College in Southport for their summer festival, which was great fun and had lots of stalls. We had our leavers' prom on Thursday after school - it was lovely to see all the leaves and class mates having a nice time and joining in with the quiz and fun activities. On Friday we had our leavers assembly which caused some mixed emotions - some happy, excited and sad to be leaving Abbot's Lea. Good luck to all our leavers come back and visit soon!



# Class News

## Nurture Provision

<p>Wales Class</p> <p>Teacher: Mrs Leyland</p>	<p>This week in Wales class, we have spent most of our week being outside enjoying the sun! We have had discussions around being safe in the water and how to be safe in the sun. The boys have listened well and came up with great ideas! In English, we have been looking at mini beasts and the environments they live in. The boys have enjoyed this topic as they all love animals. In Maths, we are learning about ordering numbers and the five times tables! Because the boys have been working super hard, we've spent time outside in the swimming pool splashing about and had the best time ever! Wales class - you are all amazing!</p>
<p>Canada Class</p> <p>Teacher: Mr Roach</p>	<p>This week Canada class have been looking at World Rainforest Week, this has included the students looking at the nature, advantages and facts of the rainforest. We have also been looking at making collages. The students used the theme and colours that are relevant to the rainforest to help them improve on their design skills. Throughout the week Canada students have been enjoying a number of different Food Technology lessons where one of our themes were fruit. For this theme the students designed and created their own smoothies. A highlight for Canada class this week was our trip to Calderstones Park where the students visited the ducks and had an ice cream.</p>
<p>Tasmania Class</p> <p>Teacher: Mr Terry</p>	<p>Well done to all the students for a productive week in Tasmania class. The students have enjoyed making BBQ chicken fajitas and fruit smoothies in Food Technology and learning about the rainforest in World Rainforest Week. The students have learned about different types of animals, their habitats, rainforests and the climates associated with them. Well done to all students for being able to create a rainforest in a box and a rainforest in a jar.</p>



# Staff News

## Human Resources Update

We are currently advertising for an amazing class teacher. If you are interested in the role, or would like further information, please visit our website: <http://www.abbotsleaschool.co.uk/class-teacher/>

### WE ARE HIRING

Join our amazing school team

We are looking for a dedicated and innovative Class Teacher who makes the education of their students their first concern.

#### Class Teacher

Closing Date:  
Monday 27 June at 8am



More information can be found on our website  
[www.abbotsleaschool.co.uk/vacancies](http://www.abbotsleaschool.co.uk/vacancies)



[ABBOTSLEASCHOOL.CO.UK](http://www.abbotsleaschool.co.uk) [@ABBOTSLEASCHOOL](https://twitter.com/ABBOTSLEASCHOOL)

We are also recruiting some Higher Level Teaching Assistants (HLTAs) to join the school. For further information, and to apply, for this vacancy, please visit our website here: <http://www.abbotsleaschool.co.uk/higher-level-teaching-assistant-2/>

### WE ARE HIRING

Join our amazing school team

We are looking for a dedicated and innovative Higher Level Teaching Assistant who makes the education of their students their first concern.

#### Higher Level Teaching Assistant (HLTA)

Closing Date:  
Friday 1st July at 10am



More information can be found on our website  
[www.abbotsleaschool.co.uk/vacancies](http://www.abbotsleaschool.co.uk/vacancies)



[ABBOTSLEASCHOOL.CO.UK](http://www.abbotsleaschool.co.uk) [@ABBOTSLEASCHOOL](https://twitter.com/ABBOTSLEASCHOOL)

## National Autistic Society School Visit

On 10 June 2022, we welcomed our National Autistic Society adviser, Mr Jonny Knowles, for another accreditation support visit. His visits focus on providing support, guidance and advice for innovative and person-centred practice.

Mr Knowles joined us during our school-wide Sports Day, so we took an opportunity to engage with staff, students and families who were there to enjoy and support the event. He wanted me to share a big thank you for everyone's time and honest comments - it was genuine and inspiring to hear them.

Our advisor reported:

- “During the observation there were some clear examples of pupils’ experiencing a sense of achievement as a result of competing or winning events.”
- “During discussions, families expressed their gratitude towards the school and highlighted the support and progress which their child had achieved since being placed at the school.”
- “Family members also discussed the positive support they have received since joining the school, particularly in comparison to the mainstream experience which they had previously experienced.”

National Autistic Society is campaigning for improved rights, services and opportunities to help create a society that works for autistic people. As highlighted by our advisor, this work is extended by Abbot's Lea School with opportunities like an international trip for students, conferences and social events for staff and families. We have also discussed our plans for the Support Hub and upcoming School Development Plan.

Our adviser will be visiting us again in October in preparation for the full accreditation visit next year, when we will have an opportunity to demonstrate our practice to maintain the Advanced Autism Accreditation Award.

We are inviting you to support us in those activities and join our efforts to be the best specialist school in the world.

Dr S Muršić

Head of Autism Research and Development

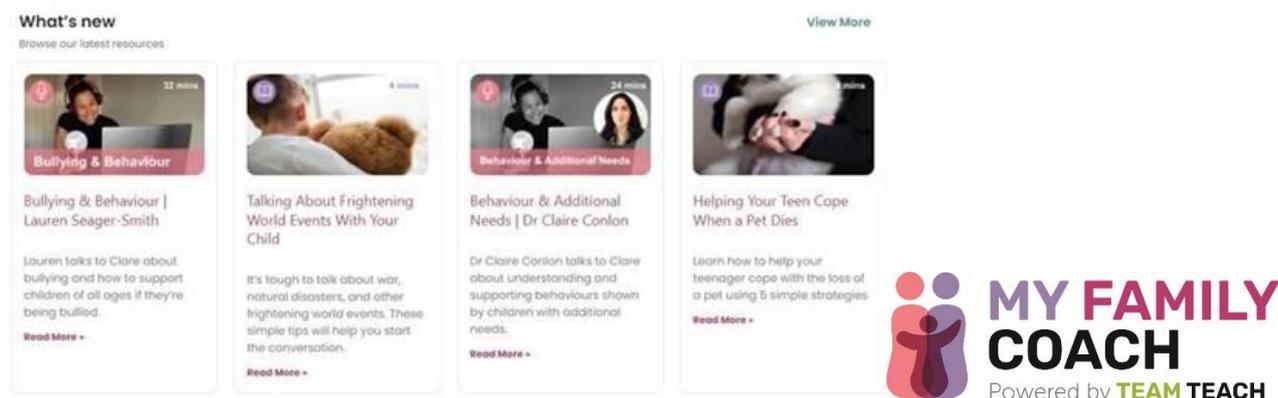


# Useful Information and Resources

In this section, you will find information on services that are available to you across the city over the next few months. There are links that you can click on which will take you to lots of different places of support and services for our parents across the city. Remember to check online at [Liverpool Early Help Directory](#) for regular updates and new programmes from a wide range of council and partner services.

## MyFamilyCoach.com

We know it can be hard sometimes to understand children's behaviour and find the best ways to support them as they grow up. If you need support, are looking for advice, or have a parenting question, you'll find everything you need at [MyFamilyCoach.com](#).



The screenshot shows the 'What's new' section of the My Family Coach website. It features four resource cards with images and text:

- Bullying & Behaviour** | Lauren Seager-Smith: Lauren talks to Clare about bullying and how to support children of all ages if they're being bullied.
- Talking About Frightening World Events With Your Child**: It's tough to talk about war, natural disasters, and other frightening world events. These simple tips will help you start the conversation.
- Behaviour & Additional Needs** | Dr Claire Conlon: Dr Claire Conlon talks to Clare about understanding and supporting behaviours shown by children with additional needs.
- Helping Your Teen Cope When a Pet Dies**: Learn how to help your teenager cope with the loss of a pet using 5 simple strategies.

Each card has a 'Read More' link. To the right of the cards is the My Family Coach logo, which consists of two stylized figures in purple and pink, and the text 'MY FAMILY COACH Powered by TEAM TEACH'.

My Family Coach is a free, easy to sign up to website produced by experts in child behaviour, parenting, and education. They have over 20 years of experience working with schools to understand children's behaviour. Their training is used in 5,000 settings, training over 100,000 individuals each year.

The website is full of resources on popular parenting topics, such as screen time, bullying, and mental wellbeing. They have a wide range of blog posts, podcast episodes, and videos available, along with bookable 1:1 coaching, courses, and classes.

## Autism Friendly Far Away Land – Friday 1 July, 3-7pm



On Friday 1 July, Far Away Land has teamed up with Autism Adventures to host an Autism and Additional Needs friendly session. For full details and to book tickets, please visit the website: <http://www.farawayland.co.uk/autism-friendly-sessions/>

# Useful Information and Resources

## YPAS Mental Health Crisis Drop In Centres

### CRISIS DROP-IN'S

#### Across 3 Community Hubs

**YPAS North Hub**  
Croxdale Road West  
L14 8YA

Monday: 9am -8pm  
Tuesday: 9am - 8pm  
Wednesday: 9am - 8pm  
Thursday: 9am - 8pm

**YPAS Central Hub**  
36 Bolton Street  
L3 5LX

Monday: 9am -8pm  
Tuesday: 9am - 8pm  
Wednesday: 9am - 8pm  
Thursday: 9am - 8pm  
Friday: 9am - 8pm  
Saturday: 1pm - 6pm

**YPAS South Hub**  
Lyndene Road  
L25 1NG

Monday: 9am -8pm  
Tuesday: 9am - 8pm  
Wednesday: 9am - 8pm  
Thursday: 9am - 8pm

**YPAS**  
Young Person's Advisory Service

Liverpool CAMHS 4488 Please see our website for the latest times

### CRISIS DROP-IN'S

#### Across 3 Community Hubs



**YPAS North Hub**  
Croxdale Road West,  
L14 8YA

**YPAS Central Hub**  
36 Bolton Street,  
L3 5LX

**YPAS South Hub**  
Lyndene Road,  
L25 1NG

*We can support you through times of crisis*

- STRUGGLING WITH YOUR MENTAL HEALTH?
- YOU OR YOUR CHILD ARE IN A CRISIS?
- FEELING LONELY & ISOLATED?
- NEED A LISTENING EAR?
- NEED A SAFE SPACE?

**YPAS**  
Young Person's Advisory Service

Liverpool CAMHS 4488 Please see our website for the latest times

## Adolescent to Parent Violence and Abuse Resource Booklet

The booklet has been designed by Liverpool City Council and other organisations across the region to support families experiencing this serious issue. The booklet can be accessed on our website [here](#).

## Charlie Waller Trust Mental Health Charity Webinars

The Charlie Waller Trust is a registered charity that helps young people to understand their own mental health, to equip them to support themselves and those around them, and to empower them to talk more openly about the subject.

They are running a series of live webinars for families and educators. The webinars are free to attend and are all presented by their mental health trainers, speakers and guest speakers who come from a wide range of professions, including education, psychology, social work, youth work, public health, psychotherapy and nursing.

Book the free webinars [here](#)

## Liverpool CAMHS Training

Liverpool CAMHS provide online bite-size training sessions on a variety of topics, from attachment, child worry, young carers, eating disorders and the relationship between social media and mental health.

All sessions, including the ones below, can be booked on their website [here](#).

- **30 June 10am** – Self-Harm
- **30 June 4am** – Eating Disorders

# Useful Information and Resources

## **ADDvanced Solutions Community Network**

The team at ADDvanced Solutions Community Network continue to support the families living with Neurodevelopmental conditions in Liverpool pre, during and post-diagnosis.

### **What's available?**

A weekly programme of Virtual Community Network Groups and webinar Learning Workshops for parents and carers of children and young people living with neurodevelopmental conditions pre, during and post-diagnosis and also to the professionals who support them while we are unable to deliver our face-to-face delivery.

You can see their calendar of activities for Liverpool parents [here](#) and also find information on the services [here](#).

## **Family Activity Sheets for Online Safety from ThinkuKnow**

ThinkUKnow has a new platform available for 11-18 year olds with resources about online safety, healthy relationships and consent: [https://www.thinkuknow.co.uk/11\\_18/](https://www.thinkuknow.co.uk/11_18/)

ThinkuKnow also have resources available to families to start conversations about online safety using their [family activity sheets](#) and [#AskTheAwkward](#) links