



Head's Weekly Newsletter

Week 38



Message from the Headteacher

Mrs Ania Hildrey, Headteacher, headteacher@abbotsleaschool.co.uk

Dear Students, Families, Colleagues and Friends

Welcome to today's issue of the Head's Weekly Newsletter – can you believe it is July already?!

Change is an integral part of life and so, learning to deal with changes is a critical life skill – not just for the children but for us all.

Last week we bid farewell to the Leavers of ALS 2022 – a massive change in the leavers' lives.

Next week will be concluding teaching and learning in current classes and then, on Friday, 8 July saying goodbye to this year's setup and celebrating progress and achievement at our Annual Awards Ceremony – I hope that many of you will be able to join us!

The last week of this year is our Transition Week from 11 until 15 July, and all students – existing and those new to our school – will have a chance to spend a week together with their new Class Teacher, new peers and get used to the new classroom.

Today's communication of the next year's class allocation was managed very well by the teams and I am very proud of the students' adaptive skills, maturity and positive mindset. Where some students needed support to accept change, it came in abundance and I thank all of my staff for being there for the students who struggled a bit. I hope that this support will continue at home tonight and over the weekend, so that, come next week, all students focus on enjoying the last week of the 2021-22 school year with their classmates and staff.

Thank you in advance and I wish you all a restful weekend, with the Summer Fair open to all tomorrow, 12:00-15:00 – I am so looking forward to seeing you all here for some family fun!

With kindest regards

Mrs A Hildrey
Headteacher

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Key Diary Dates

School Year Calendar

Term Dates for School Year 2021-22 (current academic year) – [Term dates 2021-22](#)

Term Dates for School Year 2022-23 (next academic year) – [Term dates 2022-23](#)



Key Diary Dates for Term 6

Date	Activity	Who is involved	Comments/Actions
Saturday 2 July	12:00-15:00 – Abbot's Lea School Summer Fair – free, fun day for the whole family!		
Monday, 4 July	Deadline for communication about next year's Class and Teacher allocation.		
Tuesday, 5 July	Trip to the Walker Art Gallery to see the "Black Tudors" exhibition	USA Seychelles Kenya	None
Thursday, 7 July	Meet The Class Team 3:30-4pm	All classes	Zoom meeting to learn more about the Transition Week arrangements and meet the Class Teacher
Friday 8 July	Annual Awards Ceremony Friday Coffee Morning 9:30-11:00	KS4 and 5 – 9.15-10am Primary Department 10.15 – 11am KS3 – 11.15am – 12pm	This is the last day students will be with their class mates and class team. We encourage as many families as possible to attend this really special event!
Monday 11 July - Friday 15 July	Transition Week NO FRIDAY COFFEE MORNING Friday 15 July – school term ends at 1pm for all students	All students on roll of ALS in September 2022	Students will be learning this week in the next year's class groups with the next year's teams of staff. Full school uniform is required for this week for all student groups, including those joining ALS in September.

Join the discussion and share your family moments with our teams

Facebook: [Abbot's Lea School](#)

Twitter: [@abbotsleaschool](#)

E-mail: reception@abbotsleaschool.co.uk

Key Diary Dates

SUMMER FAIR – THIS SATURDAY 2 JULY 2022

This year, the our Summer Fair will take place on Saturday, 2 July 2022, from 12 noon until 3pm, here at Abbot's Lea School.

The event is free to all and all fundraising will be in aid of Abbot's Lea School with a proportion donated to the cause selected by the Head Boy and Girl Team – the Ukrainian war victims.



Fun for your whole family

ABBOT'S LEA SCHOOL
EST. 1952

Summer Fair 2022

Saturday 2nd July
School Site
12pm – 3pm

The poster features a photograph of a school courtyard with people sitting at tables under a blue sky with red and black bunting. Below the photo is the school crest and the text 'Summer Fair 2022'. At the bottom, a dark blue box contains the event details, and an illustration of a woman holding a child's hand and a balloon is on the right.

Students of the Week

Students of the Week

Class	Student	Reason
Early Years and Key Stage 1		
Ireland	Alfie	For using his manners and welcoming our visitors into school.
Key Stage 2		
Portugal	Jamal	For a fantastic attitude across activities all week and for an excellent behaviour at Chester Zoo.
France	Joshua	For supporting other pupils in class with their maths work, well done!
Spain	Bobby-James	For excellent listening and following instructions for our trip to Chester Zoo.
Italy	Wyatt	For excellent walking around Chester Zoo.
Peru	Georgina	For exemplary behaviour and a positive attitude during our trip to the zoo.
Key Stage 3		
Mozambique	Joe	For a great week of attitude towards learning. Joe has been very joyful, polite and was a great pleasure to have during the Chester Zoo trip! Well Done Joe
Madagascar	Thomas	For trying really hard, engaging at the zoo and for making good choices.
USA	Jessica	For always showing kindness and compassion to her peers.
Brazil	Joel	For going to the zoo for the first time with school.
Kenya	Kassia	For excellent engagement in P.E.
Cape Verde	Justin	For being able to show consistent hard work during this week.
Seychelles	Achille	For always following staff instructions and making good choices.
Botswana	Lucas	For being polite to all staff and students and for listening and following instructions.
Key Stage 4		
Australia	Lucas	For showing determination and will to improve his Keyboard ability on a weekly basis.
Samoa	Francis	For always being very helpful in class, cleaning up and being a great example for all Samoa students.
New Zealand	Oscar	For helping to maintain the class technological devices.
Papua New Guinea	Jacob	For trying his best in his mock exams this week.
Key Stage 5		
Malawi	Anthony	For always coming to school with a can-do attitude. Anthony always gives a 100% and tries his best in all the lessons.
Christmas Island	Kyle	For displaying a calm sensible mature approach to the Chester Zoo trip.
Fiji	Kieran	For an excellent week and trip to the zoo.
Nurture Provision		
Wales	Kaiden	For a phenomenal transition to school all week!
Canada	Matthew	For overcoming anxiety and going on the mini bus to the park.
Tasmania	Andrew	For engaging well with all activities throughout the week.

Next Week's Menu

Next Week's Menu

FOOD
FOR
THOUGHT

Primary Lunch Menu



Week Commencing 04/07/22

Week 5	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal We provide a variety of seasonal hot and cold dishes for children to freely choose from	Vegetable Stir Fry served with Egg Noodles and Stir Fry Vegetables	Homemade Spaghetti Bolognaise served with Fresh Garlic Bread	All Day Breakfast with Sausage, Scrambled Egg, Wholemeal Toast, Mushrooms, Tomatoes	<u>Royal Garden Party</u> Luxury Afternoon Tea with a Selection of Sandwiches to be enjoyed in the garden	Homemade Battered Fish with Chips and Minted Mushy Peas
Alternative Jacket potatoes with tuna and other fillings available daily	Feta and Vegetable Pasta	Veggie spring Rolls with Sweet Chilli Sauce and Salad	Veggie Breakfast	Mini Quiche	Veggie Burger in a Bun
Homemade Soup	Chef Choice	Chinese Sweetcorn	Chefs Choice	Chef Choice	Chef Choice
Starchy Food Various bread choices available	Noodles	Mash Potato	Wholemeal Toast	Wholemeal Bread	Chips
Vegetables Salad Bar with Hummus	Carrots and Peppers	Green Beans	Mushrooms	Grated Carrot	Mushy Peas
Dessert Fresh fruit, selection of low-fat yoghurts and homemade puddings available every lunch time	Apple and Oat Crumble with Pouring Cream Fresh Fruit	Ice Cream Fresh Fruit	Sponge Cake with Custard Yoghurts	Scones with Jam and Cream or Fruit Jelly Trifle Strawberries	Cheese and Crackers Mixed Flavour Yoghurts

Ask for daily chef specials

All our meat is sourced from local suppliers, we use free range eggs and organic flour where possible. All our fruit and vegetables are locally sourced where possible. Halal options available.

Food For Thought is a not-for-profit school meals company owned by its partner schools. Any surplus is reinvested in the company or returned to its member schools.

GOOD FOOD CULTURE

Please, inform the school about any known allergies or dietary requirements for your child. You can do that by sharing information with the class team or by calling the school office. Thank you

Class News

Early Years and Key Stage 1

<p>Ireland Class</p> <p>Teacher: Miss Hattersley</p>	<p>Ireland class have enjoyed singing our rhyme of the week 'The Magic Train Ride'. The boys have made collage pictures and painted trains. Ireland class have enjoyed group discussions about where they would go on a magic train and then they used their imagination to draw the places they wanted to travel to.</p> <p>Ireland class have enjoyed using their gross motor skills in our outdoor area building with the bricks, playing with the trucks in the sand and using the jugs and funnels in the water.</p>
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Class News

Key Stage 2

Portugal Class Teacher: Miss Gibney	Portugal class have had a fantastic week. In Geography, students read a text about the seasons and completed a comprehension based on what they had read. In Science, students learnt about what humans and animals need to survive. In English, we were shown the layout of a newspaper article and then students were given a newspaper article with the sections in the wrong place and they had to rearrange them. We also went to Chester Zoo and the students thoroughly enjoyed seeing all of the animals!
France Class Teacher: Miss Last	France class have had a very exciting week! On Monday we enjoyed practicing our catching and throwing skills in PE and sharing our news from the weekend. On Tuesday we had a very special visit from our school's new therapy dog, Marley. We enjoyed learning all about Marley from his owner Julie and taking him on a walk around our school grounds. On Wednesday we had a great day visiting Chester Zoo, the class particularly enjoyed seeing the penguins! Keep up the hard work France class!
Spain Class Teacher: Miss Ledward	Spain Class have had a fantastic week! In Design Technology, we made our own juggling balls by adding rice to the socks we made and then sewed them together. In Maths, we have been continuing our topic of money and have really enjoyed doing the shop role play to recognise coins and make totals with different amounts. We had an EXCELLENT time at Chester Zoo on Wednesday and got to see some of our favourite animals. It was a fantastic day. Well done for all your hard work this week Spain Class, have a lovely weekend!
Italy Class Teacher: Mrs Cooney	What a week in Italy class! We started off on Monday with a nature sensory walk in our forest area. We collected mud and sticks to bring back to class for World Mud Day! We made mud art and sculptures and loved pouring, scooping and building! On Wednesday we thoroughly enjoyed our whole school trip to Chester Zoo. The students were incredible, we are all so very proud of you. We saw elephants, cheetahs and monkeys. Some students even braved the bat cave! We're all looking forward to a final week of fun activities in Italy class next week, starting with our summer fair on Saturday! Please come if you can join us, we would love to see you!
Peru Class Teacher: Miss Laird	This week in Peru class we have enjoyed exploring different 3D shapes and describing their properties, including how many vertices, faces and edges the shape has. On Wednesday, we went to Chester Zoo - we really enjoyed watching all the different animals and learning interesting facts about them. On Thursday, we used our computing skills to create Fact Files on our favourite animals from the zoo.

Class News



For more information on your child's progress, contact the class team directly. Our Key Stage Leaders and Mrs Tobin can tell you more about our curriculum, with all subject maps available on our website ([access here](#)).

Class News

Key Stage 3

Mozambique Class Teacher: Mr Hodgson	Mozambique class have had a great week! We really enjoyed our trip to Chester Zoo this week, seeing a variety of different animals and learning things we didn't know before! In class, we dug up the time capsule that we buried in September! Students were able to read through their goals for this year and decide if they had met the targets they set for themselves! We have also continued our focus on reading this week and students have made good progress in their reading and comprehension skills!
Madagascar Class Teacher: Miss Jennings	This week Madagascar class shared their weekend news, practiced their spellings and talked about how we feel when in the green, yellow, blue and red zones. Madagascar class also talked about the space travel and watched a rocket launch to the Moon that happened this week. We also enjoyed going to Chester Zoo, where we spent time observing different animals and plants.
USA Class Teacher: Mrs Suku	What a great week for class USA! This week we started practising our stitching skills by making small card holders. We also enjoyed a trip to Chester Zoo! Our favourites were the painted dogs and the giraffe! We could not believe how tall it was! In Science we were absolutely disgusted by our gross experiment that demonstrated how our food moves through our digestive system! What a fun week!
Brazil Class Teacher: Mrs Rodway	Brazil class have had a lovely week. They really enjoyed taking part in a sensory activity, where they used their senses to write a beach poem. In Maths we have been working on shape this week. On Wednesday we took part in a whole school trip to Chester Zoo. We had a lovely day and the students really enjoyed it. Well done Brazil class!
Kenya Class Teacher: Miss McClintock	This week in Kenya class we continued to learn about the digestion system. We used different food, liquids and some tights to show how the food we eat travels through the digestion system. This week we made and researched our favourite animals at Chester Zoo and made a plan for our trip on Wednesday. Kenya class had a lovely time at the zoo seeing all the animals on our list. On Thursday we learnt how to budget and made plans for food we could buy for a class party on a budget.
Cape Verde Class Teacher: Mr Hatton	Cape Verde have had such an eventful week. The class engaged at the start of the week looking at how the community has many faith based and non-faith based communities and how we can make sure that everyone feels included in the community. We have also started to look at angles and turns in Maths and how to compare the angles of clockwise and anti-clockwise. We had such an amazing time at Chester Zoo and being able to see a variety of different animals from Komodo dragons to orangutans. Cape Verde have continued to make the class team proud of them as always this week.
Seychelles Class Teacher: Miss Joyce	This week in Seychelles class we really enjoyed our trip to Chester Zoo. Our favourite animals that we saw were the orangutans and penguins. We started our characters for our play script in English and continued looking at angles in Maths. In PE we enjoyed a game of quick cricket and began exploring the functions of teeth in Science.

Class News

Botswana Class

Teacher: Miss Caveney

This week in Botswana class we have had lots of fun doing different activities. On Monday we had lots of fun in our PE lesson playing basketball, where we practiced our catching and throwing skills. On Tuesday we continued looking into different advertisements in English and practiced our persuasive writing techniques. We also learnt about angles in our Maths lesson and in our Geography lesson we looked into earning a living and our communities. We discussed different communities around us and communities that we have in common, such as our class and school community. We had lots of fun in the zoo on Wednesday seeing so many animals, including elephants, giraffes, monkeys and we even visited the bug house to learn all about the different species of bugs. We enjoyed learning lots of facts about the animals' habitats and what they eat. In Life Skills on Thursday we learnt all about RSE Day and how we celebrate being us! We designed our own personal clouds where we have drawn things that mean a lot to us and why they mean a lot. On Friday in Botswana class we continued our Geography topic all about earning a living and we enjoyed our enrichment clubs in the afternoon. We hope everyone has a fantastic weekend!



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Class News

Key Stage 4

Australia Class Teacher: Mr Lyons	This week we have been sitting mock exams in preparation for next year. We also enjoyed a whole school trip to Chester Zoo, which all students thoroughly enjoyed, although the bat cave was a bit testing!
Samoa Class Teacher: Miss Gibney	This week in Samoa class we have been revisiting different topics in English and Maths, in order to recap all of the work we have done throughout the year. They have focused on division in Maths using the bus stop method and focusing on SPaG, prefixes and suffixes in English. In Life Skills we did an amazing talent show, where the students got to show off their best talents and abilities for the rest of the class. This taught the students to work collaboratively with others, improve their focus and commitment and work on their confidence. The class also had an amazing trip to Chester Zoo on Wednesday! They had a great day exploring, learning about and seeing lots of different animals such as the meerkats, zebras and rhinos! They have been working hard in their various accredited learning lessons and enjoying some down time in enrichment. We have also focused on mindfulness in class to relax as we come towards the end of the school year. We have also made use of the amazing outdoor facilities in the school by going on sensory walks and enjoying time in the park.
New Zealand Class Teacher: Mr Spillane	We have had a very busy week in New Zealand class. On Monday, Tuesday and Thursday, our Year 10 students had their mock Maths, English and ICT exams. These practice exams help to prepare the students for the real thing when they are in Year 11. Staff explained the “do”s and “don’t”s in an exam setting, including what to do once you have finished your exam and the importance of going over your answers - all students adhered to these and behaved impeccably throughout! Well done everyone! We also enjoyed our trip to Chester Zoo on Wednesday. We saw lots of different animals including penguins and monkeys. In English we have been carrying on with our class book 'The Boy in the Striped Pyjamas'. Have a great weekend everyone and enjoy the Summer Fair on Saturday!
Papua New Guinea Class Teacher: Mrs Wong	PNG had a busy week this week! The Year 10 students have been working extremely hard and putting the greatest effort into their Open Award mock exams this week. We finished our English reading and writing exam, Maths and ICT exam on our personalised level. We reviewed the mistakes we made in the exam as a class and discussed on how we can improve ourselves in Year 11. On Wednesday we went to Chester Zoo. We saw penguins, flamingos, anteaters, red pandas etc. We went through the bat cave. It was a little scary for some of us as it was quite dark in there. We could see the shadows of the bats hanging on the branches and could definitely smell them. We also took the lazy boat ride and spotted some ducks. It was a great experience and the most tranquilising part of the trip. On Friday we found out our new classes for the next academic year. We are looking forward for our new journey next year. We will get to know our new class team and the students in our new classes during the last week of this term.

Class News



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Class News

Key Stage 5

Malawi Class Teacher: Mr Mason	After saying goodbye to a lot of their friends, Malawi class has been looking a bit emptier, but it's been no reason for our students not to tackle some more work! They studied magnetism in Science, played badminton and table tennis in PE and made pancakes in Food Technology. The highlight of the week was our school trip to Chester Zoo where the class saw elephants, antelopes, bats, bears and so many other animals!
Christmas Island Class Teacher: Mr Griffiths	Christmas Island have been creating some delicious cheese toasties in Food Technology this week. Along with practicing our Maths fundamentals and discussing what some of our character strengths are during Employability. The visit to Chester Zoo on Wednesday was a highlight of the week!
Fiji Class Teacher: Miss Ham	We had an overall stellar week here at Fiji class. On Monday we did a recount of our weekend and we shared many different experiences that we had, such as holidays and days out. On Tuesday we made a tuna pasta bake in addition to pasta with sauce and hot dogs, which we all tried when we got back! On Wednesday, we went to Chester Zoo with the rest of KS5 and we saw many different animals, such as elephants and penguins and had an amazing time despite the sudden rain! We did some division in Maths and we all had a great time! We wish all students a great weekend!



Class News

Nurture Provision

<p>Wales Class</p> <p>Teacher: Mrs Leyland</p>	<p>What a week we have had in Wales class! This week has been super fun when we have been learning about the beach and how to stay safe when in the sea and in the sun. We are still recapping mini beasts as our topic as there is so much to learn about, the boys are interested in learning about different insects and are engaging in the different activities in class every day! It's World Wellbeing Week so we have been discussing more about the way we feel and the different ways to express our emotions. Wales class had the opportunity to meet Marley the therapy dog - the boys were super gentle with him and did great listening. Lastly, we are celebrating Pride Month! We have used arts and crafts to express our appreciation for others.</p>
<p>Canada Class</p> <p>Teacher: Mr Roach</p>	<p>This week Canada class have been looking at World Wellbeing Week, which has included the students looking at positive self-talk, making amends and having a wellbeing afternoon which included yoga, mindfulness colouring and relaxing music. A highlight of Canada week was our fun filled day whilst the rest of the school was at Chester Zoo. Canada class took part in an obstacle course and made their homemade burgers which all students thoroughly enjoyed. Throughout the week Canada students have been enjoying a number of different Food Technology lessons, one of which included baking a chicken pie and, carrying on with our theme of fruit, making strawberry milkshakes. This week we came to the end of reading Mr Stink when the students took part in role playing activities and answering questions from different perspectives. A highlight for Canada class this week was our trip to Calderstones Park where the students visited the playground and had an ice cream.</p>
<p>Tasmania Class</p> <p>Teacher: Mr Terry</p>	<p>Well done to all the students for a productive week in Tasmania class. The students have enjoyed making chicken pies and fruit smoothies in Food Technology and learning about the effects of positive mental health on the body during World Wellbeing Week. The students have engaged well with off-site visits to Dobbie's Garden Centre, Chester Zoo and Strawberry Fields!</p>



Staff News

Class of 2022 Leavers

School Prom – 23 June 2022

Our KS4 and 5 students experienced a wonderfully organised leaver's prom by Mr Mason and Miss Gibney. We had a DJ, a caterer, a popcorn machine, a candy floss machine and a dance floor with staff and students dressing for the occasion, looking so smart in their suits and prom dresses. Students arrived and received a sparkling fruit juice and a professional photograph. From there the students entered the hall, where they were greeted with an illuminated dance floor! There were some amazing shapes thrown by the students, especially Yusef who was king of the dancefloor. The students got to vote for Prom King and Queen. This was won by Paul and Megan. It was a lovely evening and a great send off for our leavers.

Mr Lyons, Key Stage 4 Leader



Staff News

Class of 2022 Leavers

Leaver's Day and Assembly – 24 June 2022

It was an eventful and emotional week for our school leavers and their friends last week as we said goodbye and good luck to our students who had made the decision to move on from Abbot's Lea School to their next destination.

We celebrated our leavers on Friday of last week, with an awards assembly and a lot of tributes from staff and students as they reminisced about their time at Abbot's Lea School and the support they have given and received. The leavers received a survival kit for leaving and a hoodie to keep as a memento of their time with us.

We will miss them greatly, but wish them all the best for their next chapter and hope to see them again to see how amazingly well they have all done!

Mr Mason, Key Stage 5 Leader



Staff News

BILD Conference Reflections

Last week, I had a pleasure of attending International Positive Behaviour Support (PBS) Conference in Bristol. The theme for this year's conference was Co-production. The British Institute for Learning Disability (BILD) who were organising the event, highlighted the importance of co-production in planning and delivering support to children, young people and organisations:

"We believe that PBS can only be truly person-centred if professionals, supported people, and their families, share the power to plan and deliver support together. We believe that, only then, will this support meet people's wants and needs, leading to better outcomes for everyone."

This event was very beneficial to our school as an opportunity to critically reflect on our current practice and plans for school development. It has challenged us as a PBS community to renew our commitment to working with people with lived experience in a partnership that is equal and reciprocal.

Among numerous discussions and presentations, I would like to highlight a few people, organisations and documents:

- Professor Edwin Jones (BILD Strategic Lead Positive Behaviour Support) who facilitated critical and meaningful discussions aimed at improving our understanding and respect for all stakeholders in this process
- Alexis Quinn (Restrain Reduction Network) who shared her lived experience with behaviourist approaches and bravely stood up against it
- Darren Bowring (Associate Editor, International Journal of Positive Behavioural Support) who is facilitating development of the co-production charter
- Andreas Paris (University of Warwick) who is promoting staff wellbeing by working on flexible levels of support for staff working with behaviours that challenge
- Jo Price (BILD PBS Lead Schools) who is developing a definition and framework for PBS in special schools
- UK PBS Alliance Schools Community of Practice
- Resource: What does good PBS look like? https://www.bild.org.uk/wp-content/uploads/2022/06/Good_PBS_POB_SCREEN.pdf

We are continuing these discussions and developing ideas at school, so join in and share your perspectives. True co-production relies on every voice being heard.

You can find me at school, call or email. I am here to listen and learn from all of you.

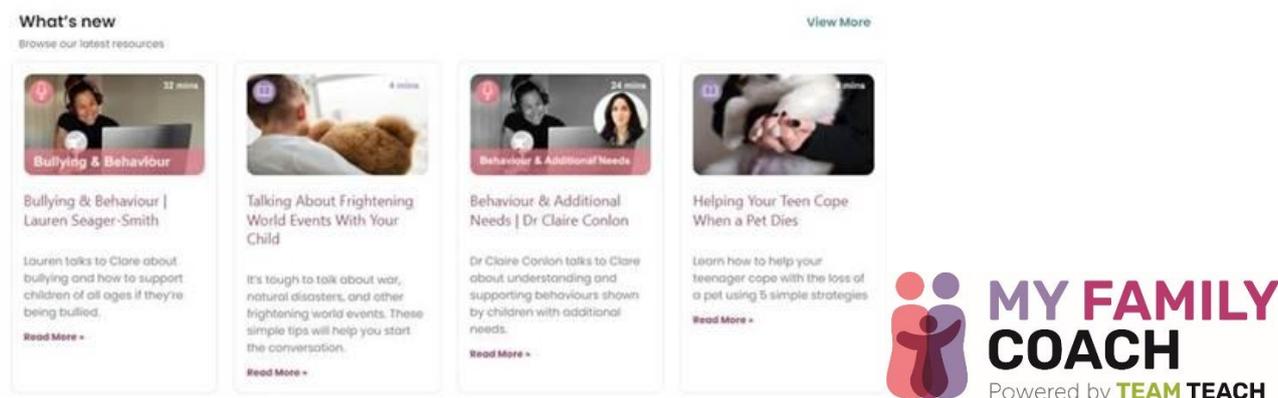
Dr S Muršić
Head of Autism Research and Development
sara.mursic@abbotsleaschool.co.uk

Useful Information and Resources

In this section, you will find information on services that are available to you across the city over the next few months. There are links that you can click on which will take you to lots of different places of support and services for our parents across the city. Remember to check online at [Liverpool Early Help Directory](#) for regular updates and new programmes from a wide range of council and partner services.

MyFamilyCoach.com

We know it can be hard sometimes to understand children's behaviour and find the best ways to support them as they grow up. If you need support, are looking for advice, or have a parenting question, you'll find everything you need at [MyFamilyCoach.com](#).



The screenshot shows the 'What's new' section of the My Family Coach website. It features four resource cards, each with a thumbnail image, a title, a subtitle, a brief description, and a 'Read More' link. The cards are:

- Bullying & Behaviour** | Lauren Seager-Smith: Lauren talks to Claire about bullying and how to support children of all ages if they're being bullied.
- Talking About Frightening World Events With Your Child**: It's tough to talk about war, natural disasters, and other frightening world events. These simple tips will help you start the conversation.
- Behaviour & Additional Needs** | Dr Claire Conlon: Dr Claire Conlon talks to Clare about understanding and supporting behaviours shown by children with additional needs.
- Helping Your Teen Cope When a Pet Dies**: Learn how to help your teenager cope with the loss of a pet using 5 simple strategies.

At the bottom right of the screenshot is the My Family Coach logo, which consists of a stylized figure of a person holding a child, and the text 'MY FAMILY COACH Powered by TEAM TEACH'.

My Family Coach is a free, easy to sign up to website produced by experts in child behaviour, parenting, and education. They have over 20 years of experience working with schools to understand children's behaviour. Their training is used in 5,000 settings, training over 100,000 individuals each year.

The website is full of resources on popular parenting topics, such as screen time, bullying, and mental wellbeing. They have a wide range of blog posts, podcast episodes, and videos available, along with bookable 1:1 coaching, courses, and classes.

Summer HAF Programme from Liverpool City Council

The Summer HAF programme starts on the 20th July and there are lots of great activities happening over the school holidays. Children and young people will be able to access hundreds of activities throughout the summer holidays including specific provision available for children with SEND or additional needs, at **no cost to you**. There's a great range of activities across the city including **boxing, trampolining, football, music, dance, cycling, cooking, climbing, films, bowling, arts and crafts, drama, a make up course, trips out** and much more! Every day there will be a meal available for every child that attends. For full details, please click [here](#).

Useful Information and Resources

YPAS Mental Health Crisis Drop In Centres

CRISIS DROP-IN'S

Across 3 Community Hubs

YPAS North Hub
Croxdale Road West
L14 8YA

Monday: 9am -8pm
Tuesday: 9am - 8pm
Wednesday: 9am - 8pm
Thursday: 9am - 8pm

YPAS Central Hub
36 Bolton Street
L3 5LX

Monday: 9am -8pm
Tuesday: 9am - 8pm
Wednesday: 9am - 8pm
Thursday: 9am - 8pm
Friday: 9am - 8pm
Saturday: 1pm - 6pm

YPAS South Hub
Lyndene Road
L25 1NG

Monday: 9am -8pm
Tuesday: 9am - 8pm
Wednesday: 9am - 8pm
Thursday: 9am - 8pm

YPAS
Young Person's Advisory Service

Liverpool CAMHS 4488 Please see our website for the latest times

CRISIS DROP-IN'S

Across 3 Community Hubs



YPAS North Hub
Croxdale Road West,
L14 8YA

YPAS Central Hub
36 Bolton Street,
L3 5LX

YPAS South Hub
Lyndene Road,
L25 1NG

We can support you through times of crisis

- STRUGGLING WITH YOUR MENTAL HEALTH?
- YOU OR YOUR CHILD ARE IN A CRISIS?
- FEELING LONELY & ISOLATED?
- NEED A LISTENING EAR?
- NEED A SAFE SPACE?

YPAS
Young Person's Advisory Service

Liverpool CAMHS 4488 Please see our website for the latest times

Adolescent to Parent Violence and Abuse Resource Booklet

The booklet has been designed by Liverpool City Council and other organisations across the region to support families experiencing this serious issue. The booklet can be accessed on our website [here](#).

Charlie Waller Trust Mental Health Charity Webinars

The Charlie Waller Trust is a registered charity that helps young people to understand their own mental health, to equip them to support themselves and those around them, and to empower them to talk more openly about the subject.

They are running a series of live webinars for families and educators. The webinars are free to attend and are all presented by their mental health trainers, speakers and guest speakers who come from a wide range of professions, including education, psychology, social work, youth work, public health, psychotherapy and nursing.

Book the free webinars [here](#)

Liverpool CAMHS Training

Liverpool CAMHS provide online bite-size training sessions on a variety of topics, from attachment, child worry, young carers, eating disorders and the relationship between social media and mental health.

All sessions can be booked on their website [here](#).

Useful Information and Resources

ADDvanced Solutions Community Network

The team at ADDvanced Solutions Community Network continue to support the families living with Neurodevelopmental conditions in Liverpool pre, during and post-diagnosis.

What's available?

A weekly programme of Virtual Community Network Groups and webinar Learning Workshops for parents and carers of children and young people living with neurodevelopmental conditions pre, during and post-diagnosis and also to the professionals who support them while we are unable to deliver our face-to-face delivery.

You can see their calendar of activities for Liverpool parents [here](#) and also find information on the services [here](#).

Family Activity Sheets for Online Safety from ThinkuKnow

ThinkUKnow has a new platform available for 11-18 year olds with resources about online safety, healthy relationships and consent: https://www.thinkuknow.co.uk/11_18/

ThinkuKnow also have resources available to families to start conversations about online safety using their [family activity sheets](#) and [#AskTheAwkward](#) links