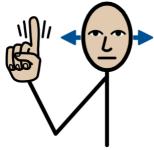
TAKING OFF ALL MY CLOTHES



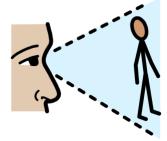
Getting undressed means taking off all my clothes. My body is then naked.



Sometimes, it is OK to take off my clothes. This is usually when I am alone. For example, in a bathroom or in my room.



It is not OK to take off all my clothes when other people are around. It is not OK to be naked in a public place, unless it is a changing room or a toilet.



Being seen without any clothes is generally not OK. Other children and adult people may be upset if I take off all my clothes.



I keep my clothes on when I am around other people.



I can take off or change my clothes when I am alone.

Further support and advice available - contact Autism Research and Development office.