

Active Promise Newsletter

Welcome to our 2nd Liverpool Active Promise Newsletter! Thank you for taking time to read it and please feel free to share any feedback with us!

[If you wish to receive our newsletter directly, just sign up at](#)

<http://liverpoolactivepromise.co.uk>

[Let's give children and young people every opportunity to be active every day!](#)

Latest News! (press Ctrl + click on the links to each section) **This link will only work on the attached Newsletter**

- [What is The Liverpool Active Promise?](#)
- [Being active during the coronavirus outbreak](#)
- [For Pregnant women and New Parents](#)
- [For Early Movers](#)
- [For families, children and young people](#)
- [Home/School Learning Activities](#)
- [Adults and Older People](#)
- [Support with Mental Health](#)