



Abbot's Lea School
Sports Premium Review
2019 - 20

During the academic year 2019-20 focused support was given to improve the quality and breadth of the PE and sport activities we offer our students.

Greater engagement in sport and widening access to sport was the key feature of our spending.

Access to a broader spectrum of sporting opportunities was a prominent theme with a focus on therapeutic activities and opportunities for pupils to learn in flexible environments.

The national lockdown due to Covid-19 significantly impacted on planned activities from March 2020 onwards.

Movema Dance	£1435	This activity was in place to engage students in dance classes, providing a cultural experience where students learnt about language, geography and differences between people and places as well as seeing and trying costumes, props and instruments.
Little Sunshine Yoga	£1480	This project allowed students to develop further emotional intelligence, well-being and mental state by focusing on the present moment, while calmly acknowledging and accepting one's Feelings and thoughts through movement as a therapeutic technique.
Golf	£1050	This activity engaged students a wider range of sports and encouraged them to engage in clubs in their community.
Climbing (Awesome Walls)	£400	Climbing Wall training for the staff to enable them to assist and instruct the students on the climbing wall.
Climbing Harnesses	£100	Replacement climbing harnesses to enable climbing activities to be conducted safely.
Judo	£1800	This activity engaged students a wider range of sports and encouraging them to engage in clubs in their community.
Little League	£1735	Multi-Sports coaching for the students in addition to an introduction to competition, league tables and interschool and inter-school competition.
Swimming	£3000	Additional swimming instruction to promote water safety, confidence and competence across the school.

Sporting and Sensory Equipment	£3500	Sensory equipment identified (with Occupational Therapist) and purchased. Outdoor equipment, e.g. trikes and scooters.
Wheels Extreme	£1500	Wider engagement in sport, e.g. online skating and skateboarding.
TOTAL FUNDING	£16,000	

The impact of the sports premium spending over the 2019-20 year was:

- All students engaged in activities that broadened their Physical Education expose and gave greater depth to the students' curriculum and experiential opportunities
- Students engaged in community based activities that allowed for the development of life skills and employability, key themes for the School Development
- Some students engaged in out of school activities due to expose to the sports in school.
- The equipment purchased enabled students to fulfil their sensory needs and allowed for greater emotional regulation linked to the Zones of Regulation.
- Staff training enhanced the Physical Education offer and allowed for greater scope to the curriculum within school.
- All students in the primary department had access to a two week block of swimming, providing an opportunity to develop a life skill and for some students' exposure to an activity they had never tried.