



ABBOT'S LEA SCHOOL

Headteacher: Mrs Ania Hildrey, FCCT, B.Ed(Hons), M.Ed, NPQH, NPQEL



6 October 2023

Dear Families

Ref: Head Lice

I am writing to inform you that there has been a case of Head Lice in our school.

This letter contains some information on detection and treatment which we hope will be of use to you. **Please could everyone check their children's hair tonight** so that we can try and eliminate them. **There is no need to keep your child off school if they have head lice.**

Detection

- Detection is more successful by very regular inspection e.g. weekly.
- The best time is routinely when the hair is washed.
- Use a fine toothed comb on really wet, conditioned hair.
- Part the hair into small sections.
- Comb each section systematically.
- Comb from the scalp to the very ends of the hair.
- Lice are easier to see if combed onto a light surface (the bath, a basin or a sheet).
- Wash away and kill any lice found.
- If Head Lice are detected tell everyone you have contact with, including school.

Treatment

Only individuals who have lice or eggs need to be treated.

Non-Medicated Treatment

- Comb with a fine toothed comb on really wet conditioned hair.
- Do this for at least 5 minutes every 3 days, for 2 weeks.
- Ensure the whole head is combed each time from scalp to ends of hair.
- This will remove the lice before they are mature enough to lay eggs or transfer to another head.
- Carry on the routine weekly checks after the treatment time.

Medicated Treatment

- Use a treatment recommended by a Doctor or Pharmacist or Nurse.

Thank you in advance for your support.

Yours sincerely

Mrs A Hildrey
Headteacher