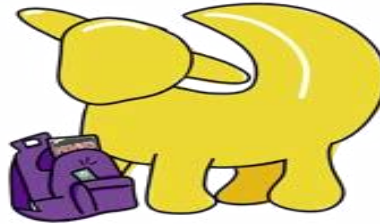


Preparing for Adulthood in Liverpool



27th February 2026

Dear Parent/Carer,

Under the **Care Act 2014**, local authorities have a legal duty to ensure that young people and their families receive **clear, timely information and advice** to support effective transition into adulthood. This includes helping young people prepare for greater independence, identifying support needs early, and ensuring services work together in a coordinated, person-centred way.

As part of this duty, preparation for adulthood begins from **Year 9 (age 14)**, when Education, Health and Care Plan (EHCP) reviews must include a focus on the four key Preparing for Adulthood outcomes: **Employment, Independent Living, Friends, Community & Relationships**, and **Good Health**. Planning should be centred around the young person's aspirations, needs and outcomes, in line with national Preparing for Adulthood guidance.

To support families with this transition, we are holding a series of **Preparing for Adulthood (PfA) Hubs / Coffee Mornings** across the city. These sessions aim to provide accessible information about what to expect as your child approaches adulthood, the support available across education, health and social care, and where to seek further advice at each stage of the transition process. This is consistent with our Care Act responsibilities to offer advice and ensure coordinated multi-agency working.

Each session will include short presentations from a range of local services, with opportunities for questions. Presenting services will include:

- Preparing for Adulthood Team
- LivPac – Carers Association
- Benefits Maximisation Service
- Direct Payments
- Supported Internships
- Housing Services
- Health Services: CAMHS, Continuing Health Care & Learning Disabilities Team

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- Social Care Charging Team
- Barnardo's Young Carers Service
- Career Connect
- Independent Travel Training

Our next Preparing for Adulthood Coffee Morning will take place at:

Abbot's Lea School

Beaconsfield Road

Liverpool, L25 6EE

Date: 15th April 2026

Time: 09:30 – 11:30

Please note that this is **not a drop-in event** and will start promptly at 9:30am. We kindly ask that you confirm your attendance with the school as soon as possible using the reply slip provided.

If you require any further information or support relating to transition planning, please contact:

Kate Maher

Mobile: 07886 318177

Email: kate.maher@liverpool.gov.uk

Alan Dodd

Mobile: 07872 820522

Email: alan.dodd@liverpool.gov.uk

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RSVP: Preparing for Adulthood Hub – 15th April 2026 09:30 – 11:30

Student Name:

Year:.....

Class Teacher:.....

Attending: Yes/No